

# Emergency Action Day

## Emergency Action Day

The **Emergency Action Day Course** is specially designed to give candidates a greater awareness of the dangers of fire, and an understanding of what to do in case of fire, combined with First Aid Training which will enable candidates to deal with basic medical emergencies with confidence.

### Who For?

The fire safety course would be of particular interest for designated individuals who have responsibility for fire safety procedures within their workplace. The first aid course would be suitable for appointed persons in the workplace.

### Course Content:

#### Fire Safety

- Theory of combustion
- Basic Fire Precautions
- Fire Routines
- Fire Classification
- Fire Alarms and Evacuation Procedures
- Human Behaviour in fire
- Liaison with the Fire Service
- Demonstration of how to use a Fire Extinguisher
- Practical use of Fire Extinguishers by course members using **'Live Fire' Training Unit**

#### First Aid

- Basic Life Support to current guidelines
- Choking and Airway Management
- The Unconscious Casualty
- Management of Breathing
- Shock
- Fracture Management
- Miscellaneous conditions
- First Aid box contents

### Benefits of Fire Safety Training?

- > A fire could not only cost lives, damage your property and business facilities, but also your ability to serve your customers.
- > The business and financial impact of a serious fire will affect both the company and employees.
- > Well trained and risk aware staff will provide a safer and more secure work environment.



**Live Fire Training Unit**

*\*This course satisfies the specific training requirements of The regulatory (Fire Safety) order 2005*



**A.B. FIRE SAFETY TRAINING SERVICES LTD**

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